SAFETY DATA SHEET

Issuing Date 03-Sep-2020  Revision Date 02-Sep-2020  Revision Number 1

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1. IDENTIFICATION

Product identifier

Product Name Avocado Oil 4 fl oz, 16 fl oz

Other means of identification

Product Code(s) 7670, 7678

Recommended use of the chemical and restrictions on use

Recommended Use Massage Oils and Lotions

Restrictions on use No information available

Details of the supplier of the safety data sheet

Supplier Identification NOW Foods

Address 395 S Glen Ellyn Road
Bloomingdale
IL
60108
US

Telephone Phone:800-999-8069
Fax:630-942-8963

E-mail peter.sokoloski@nowfoods.com

Emergency telephone number

Company Emergency Phone Number 630-545-9098

2. HAZARDS IDENTIFICATION

Classification

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Category</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin corrosion/irritation</td>
<td>Category 2</td>
</tr>
<tr>
<td>Serious eye damage/eye irritation</td>
<td>Category 2A</td>
</tr>
<tr>
<td>Specific target organ toxicity (single exposure)</td>
<td>Category 3</td>
</tr>
</tbody>
</table>
**GHS Label elements, including precautionary statements**

**Warning**

**Hazard statements**
Causes skin irritation
Causes serious eye irritation
May cause respiratory irritation

![Warning Symbol]

**Precautionary Statements - Prevention**
Wash face, hands and any exposed skin thoroughly after handling
Avoid breathing dust/fume/gas/mist/vapors/spray
Use only outdoors or in a well-ventilated area
Wear protective gloves/eye protection/face protection

**Precautionary Statements - Response**
Specific treatment (see supplemental first aid instructions on this label)

**Eyes**
IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing
If eye irritation persists: Get medical advice/attention

**Skin**
IF ON SKIN: Wash with plenty of water and soap
If skin irritation occurs: Get medical advice/attention
Take off contaminated clothing and wash it before reuse

**Inhalation**
IF INHALED: Remove person to fresh air and keep comfortable for breathing
Call a POISON CENTER or doctor if you feel unwell

**Precautionary Statements - Storage**
Store in a well-ventilated place. Keep container tightly closed
Store locked up

**Precautionary Statements - Disposal**
Dispose of contents/container to an approved waste disposal plant

**Other information**

**Unknown acute toxicity**
0 % of the mixture consists of ingredient(s) of unknown toxicity
0 % of the mixture consists of ingredient(s) of unknown acute oral toxicity
0 % of the mixture consists of ingredient(s) of unknown acute dermal toxicity
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (gas)
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (vapor)
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (dust/mist)

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**3. COMPOSITION/INFORMATION ON INGREDIENTS**

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4. FIRST AID MEASURES

**Description of first aid measures**

**General advice**
Show this safety data sheet to the doctor in attendance.

**Inhalation**
Remove to fresh air. IF exposed or concerned: Get medical advice/attention. Get medical attention immediately if symptoms occur.

**Eye contact**
Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Keep eye wide open while rinsing. Remove contact lenses, if present and easy to do. Continue rinsing. Get medical attention if irritation develops and persists. Do not rub affected area.

**Skin contact**
Wash off immediately with soap and plenty of water for at least 15 minutes. Get medical attention if irritation develops and persists.

**Ingestion**
Do NOT induce vomiting. Clean mouth with water and drink afterwards plenty of water. Never give anything by mouth to an unconscious person. Call a physician.

**Self-protection of the first aider**
Avoid contact with skin, eyes or clothing. Wear personal protective clothing (see section 8).

**Most important symptoms and effects, both acute and delayed**

**Symptoms**
Burning sensation.

**Indication of any immediate medical attention and special treatment needed**

**Note to physicians**
Treat symptomatically.

5. FIRE-FIGHTING MEASURES

**Suitable Extinguishing Media**
Use extinguishing measures that are appropriate to local circumstances and the surrounding environment.

**Large Fire**
CAUTION: Use of water spray when fighting fire may be inefficient.

**Unsuitable extinguishing media**
Do not scatter spilled material with high pressure water streams.

**Specific hazards arising from the chemical**
No information available.

**Hazardous Combustion Products**
Carbon oxides.

**Explosion Data**
- Sensitivity to Mechanical Impact: None.
- Sensitivity to Static Discharge: None.

**Special protective equipment for**
Firefighters should wear self-contained breathing apparatus and full firefighting turnout.
fire-fighters gear. Use personal protection equipment.

6. ACCIDENTAL RELEASE MEASURES

Personal precautions, protective equipment and emergency procedures

Personal precautions
Ensure adequate ventilation. Use personal protective equipment as required. Evacuate personnel to safe areas. Avoid contact with skin, eyes or clothing.

Other Information
Refer to protective measures listed in Sections 7 and 8.

Methods and material for containment and cleaning up

Methods for containment
Prevent further leakage or spillage if safe to do so.

Methods for cleaning up
Dam up. Soak up with inert absorbent material. Pick up and transfer to properly labeled containers.

7. HANDLING AND STORAGE

Precautions for safe handling

Advice on safe handling
Handle in accordance with good industrial hygiene and safety practice. Avoid contact with skin, eyes or clothing. Do not eat, drink or smoke when using this product. Take off contaminated clothing and wash before reuse. Ensure adequate ventilation. Avoid breathing vapors or mists. In case of insufficient ventilation, wear suitable respiratory equipment.

Conditions for safe storage, including any incompatibilities

Storage Conditions
Keep containers tightly closed in a dry, cool and well-ventilated place.

8. EXPOSURE CONTROLS/PERSONAL PROTECTION

Control parameters

Exposure Limits
This product, as supplied, does not contain any hazardous materials with occupational exposure limits established by the region specific regulatory bodies.

Appropriate engineering controls

Engineering controls
Showers
Eyewash stations
Ventilation systems.

Individual protection measures, such as personal protective equipment

Eye/face protection
If splashes are likely to occur, wear safety glasses with side-shields.

Hand protection
Wear suitable gloves. Impervious gloves.

Skin and body protection
Wear suitable protective clothing. Long sleeved clothing.
**Respiratory protection**
No protective equipment is needed under normal use conditions. If exposure limits are exceeded or irritation is experienced, ventilation and evacuation may be required.

**General hygiene considerations**
Wear suitable gloves and eye/face protection. Do not eat, drink or smoke when using this product. Avoid contact with skin, eyes or clothing. Handle in accordance with good industrial hygiene and safety practice.

### 9. PHYSICAL AND CHEMICAL PROPERTIES

**Information on basic physical and chemical properties**

<table>
<thead>
<tr>
<th>Property</th>
<th>Values</th>
<th>Remarks</th>
<th>Method</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical state</td>
<td>Oil; Liquid</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Appearance</td>
<td>Clear to yellow</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Odor</td>
<td>Odorless</td>
<td></td>
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</tr>
<tr>
<td>Color</td>
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</tr>
<tr>
<td>Odor Threshold</td>
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#### Other Information

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<thead>
<tr>
<th>Property</th>
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</thead>
<tbody>
<tr>
<td>Explosive properties</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Oxidizing properties</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Softening Point</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Molecular Weight</td>
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<td></td>
<td></td>
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<tr>
<td>VOC Content (%)</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Liquid Density</td>
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<td></td>
<td></td>
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<tr>
<td>Bulk Density</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Particle Size</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Particle Size Distribution</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

### 10. STABILITY AND REACTIVITY

**Reactivity**
No information available.

**Chemical stability**
Stable under normal conditions.

**Possibility of Hazardous Reactions**
None under normal processing.

**Hazardous Polymerization**
Hazardous polymerization does not occur.
Conditions to avoid: None known based on information supplied.


Hazardous Decomposition Products: Carbon oxides.

11. TOXICOLOGICAL INFORMATION

Information on likely routes of exposure

Product Information

Inhalation: Specific test data for the substance or mixture is not available. May cause irritation of respiratory tract.

Eye contact: Specific test data for the substance or mixture is not available. Irritating to eyes. (based on components). Causes serious eye irritation.

Skin contact: Specific test data for the substance or mixture is not available. Causes skin irritation. (based on components).

Ingestion: Specific test data for the substance or mixture is not available. Ingestion may cause gastrointestinal irritation, nausea, vomiting and diarrhea.

Symptoms related to the physical, chemical and toxicological characteristics

Symptoms: Redness. May cause redness and tearing of the eyes.

Numerical measures of toxicity

Acute Toxicity

Unknown acute toxicity: 0 % of the mixture consists of ingredient(s) of unknown toxicity

0 % of the mixture consists of ingredient(s) of unknown acute oral toxicity
0 % of the mixture consists of ingredient(s) of unknown acute dermal toxicity
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (gas)
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (vapor)
0 % of the mixture consists of ingredient(s) of unknown acute inhalation toxicity (dust/mist)

Delayed and immediate effects as well as chronic effects from short and long-term exposure

Skin corrosion/irritation: Classification based on data available for ingredients. Irritating to skin.

Serious eye damage/eye irritation: Classification based on data available for ingredients. Causes serious eye irritation.

Respiratory or skin sensitization: No information available.

Germ cell mutagenicity: No information available.

Carcinogenicity: No information available.

Reproductive toxicity: No information available.

STOT - single exposure: May cause respiratory irritation.
12. ECOLOGICAL INFORMATION

Ecotoxicity
The environmental impact of this product has not been fully investigated.

Persistence and Degradability
No information available.

Bioaccumulation
There is no data for this product.

Mobility
No information available.

Other adverse effects
No information available.

13. DISPOSAL CONSIDERATIONS

Waste treatment methods

Waste from residues/unused products
Dispose of in accordance with local regulations. Dispose of waste in accordance with environmental legislation.

Contaminated packaging
Do not reuse empty containers.

California Waste Codes
331

14. TRANSPORT INFORMATION

DOT
Proper Shipping Name
NOT REGULATED
Hazard Class
NON-REGULATED
N/A

TDG
Not regulated

MEX
Not regulated

ICAO
Not regulated

IATA
Proper Shipping Name
Not regulated
Hazard Class
NON REGULATED
N/A

IMDG/IMO
Hazard Class
Not regulated
N/A

RID
Not regulated

ADR
Not regulated

ADN
Not regulated
15. REGULATORY INFORMATION

Safety, health and environmental regulations/legislation specific for the substance or mixture

International Regulations

The Montreal Protocol on Substances that Deplete the Ozone Layer  Not applicable

The Stockholm Convention on Persistent Organic Pollutants  Not applicable

The Rotterdam Convention  Not applicable

International Inventories

<table>
<thead>
<tr>
<th>Regulation</th>
<th>Country/Inventory Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>TSCA</td>
<td>Contact supplier for inventory compliance status.</td>
</tr>
<tr>
<td>DSL/NDSL</td>
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<tr>
<td>EINECS/ELINCS</td>
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<tr>
<td>ENCS</td>
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<td>KECL</td>
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<tr>
<td>PICCS</td>
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</tr>
<tr>
<td>AICS</td>
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</table>

Legend

- TSCA - United States Toxic Substances Control Act Section 8(b) Inventory
- DSL/NDSL - Canadian Domestic Substances List/Non-Domestic Substances List
- EINECS/ELINCS - European Inventory of Existing Chemical Substances/European List of Notified Chemical Substances
- ENCS - Japan Existing and New Chemical Substances
- KECL - Korean Existing and Evaluated Chemical Substances
- PICCS - Philippines Inventory of Chemicals and Chemical Substances
- AICS - Australian Inventory of Chemical Substances

US Federal Regulations

SARA 313
Section 313 of Title III of the Superfund Amendments and Reauthorization Act of 1986 (SARA). This product does not contain any chemicals which are subject to the reporting requirements of the Act and Title 40 of the Code of Federal Regulations, Part 372.

SARA 311/312 Hazard Categories
Should this product meet EPCRA 311/312 Tier reporting criteria at 40 CFR 370, refer to Section 2 of this SDS for appropriate classifications. Under the amended regulations at 40 CFR 370, EPCRA 311/312 Tier II reporting for the 2017 calendar year will need to be consistent with updated hazard classifications.

CWA (Clean Water Act)
This product does not contain any substances regulated as pollutants pursuant to the Clean Water Act (40 CFR 122.21 and 40 CFR 122.42).

CERCLA
This material, as supplied, does not contain any substances regulated as hazardous substances under the Comprehensive Environmental Response Compensation and Liability Act (CERCLA) (40 CFR 302) or the Superfund Amendments and Reauthorization Act (SARA) (40 CFR 355). There may be specific reporting requirements at the local, regional, or state level pertaining to releases of this material.

US State Regulations

California Proposition 65
This product does not contain any Proposition 65 chemicals.
U.S. State Right-to-Know Regulations

This product does not contain any substances above threshold limits that are regulated by state right-to-know.

16. OTHER INFORMATION

<table>
<thead>
<tr>
<th>NFPA</th>
<th>Health hazards</th>
<th>Flammability</th>
<th>Instability</th>
<th>Physical and Chemical Properties</th>
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<tr>
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<table>
<thead>
<tr>
<th>HMIS</th>
<th>Health hazards</th>
<th>Flammability</th>
<th>Physical hazards</th>
<th>Personal Protection</th>
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<tr>
<td></td>
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Prepared By
Product Stewardship
23 British American Blvd.
Latham, NY 12110
1-800-572-6501

Issuing Date
03-Sep-2020

Revision Date
02-Sep-2020

Revision Note
No information available

Disclaimer
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End of Safety Data Sheet