



according to OSHA HCS (29CFR 1910.1200) and WHMIS 2015 Regulations

Revision: September 06, 2019

1 Identification

· Product identifier

· Trade name: Arnica Warming Relief Massage Oil 8 fl oz

· Product code: 7667

· Recommended use and restriction on use

· Recommended use: Essential oils.

· Restrictions on use: No relevant information available.

Details of the supplier of the Safety Data Sheet

Manufacturer/Supplier:

NOW Health Group 395 S. Glen Ellyn Road Bloomingdale, IL 60108 630-545-9098

Emergency telephone number:

ChemTel Inc.

(800)255-3924 (North America)

+1 (813)248-0585 (International)

2 Hazard(s) identification

· Classification of the substance or mixture

Skin Sens. 1 H317 May cause an allergic skin reaction.

- · Label elements
- · GHS label elements

The product is classified and labeled according to the Globally Harmonized System (GHS).

· Hazard pictograms:

None.



GHS07

· Signal word: Warning · Hazard statements:

H317 May cause an allergic skin reaction.

· Precautionary statements:

P261 Avoid breathing mist, vapors, or spray.

P272 Contaminated work clothing must not be allowed out of the workplace.

P280 Wear protective gloves.

P302+P352 If on skin: Wash with plenty of soap and water.

P333+P313 If skin irritation or rash occurs: Get medical advice/attention.

P363 Wash contaminated clothing before reuse.

P501 Dispose of contents/container in accordance with local/regional/national/international

regulations.

Other hazards There are no other hazards not otherwise classified that have been identified.

3 Composition/information on ingredients

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· Chemical characterization: Mixtures

· Compone	nte:	
Compone	nts.	
8008-56-8	Lemon, ext.	
	♦ Flam. Liq. 3, H226♦ Asp. Tox. 1, H304	
	Skin Irrit. 2, H315; Skin Sens. 1, H317	
	Eye Irrit. 2B, H320	
78-70-6	Linalool	<1%
	Skin Irrit. 2, H315; Eye Irrit. 2A, H319; Skin Sens. 1B, H317 Flam. Liq. 4, H227	
115-95-7	Linalyl acetate	<1%
	Skin Irrit. 2, H315; Eye Irrit. 2A, H319; Skin Sens. 1B, H317 Flam. Liq. 4, H227	
106-24-1	Geraniol	<1%
	Eye Dam. 1, H318]
	→ Skin Irrit. 2, H315; Skin Sens. 1, H317	
8014-19-5	Palmarosa oil	<1%
	Eye Dam. 1, H318	
	Skin Irrit. 2, H315; Skin Sens. 1, H317 Flam. Lig. 4, H227	
	Flatti. Liq. 4, 11221	

Additional information:

For the listed ingredient(s), the identity and/or exact percentage(s) are being withheld as a trade secret. For the wording of the listed Hazard Statements, refer to section 16.

4 First-aid measures

- Description of first aid measures
- · After inhalation: Supply fresh air; consult doctor in case of complaints.
- · After skin contact:

Wash with soap and water.

If skin irritation or rash occurs: Get medical advice/attention.

· After eye contact:

Remove contact lenses if worn.

Rinse opened eye for several minutes under running water. If symptoms persist, consult a doctor.

· After swallowing:

Rinse out mouth and then drink plenty of water.

Do not induce vomiting; immediately call for medical help.

- · Most important symptoms and effects, both acute and delayed: Allergic reactions
- Indication of any immediate medical attention and special treatment needed:

Contains Lemon, ext., Linalool, Linalyl acetate, Geraniol, Palmarosa oil. May produce an allergic reaction. Treat skin and mucous membrane with antihistamine and corticoid preparations.

5 Fire-fighting measures

- Extinguishing media
- Suitable extinguishing agents:

Foam

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Carbon dioxide

Fire-extinguishing powder

Gaseous extinguishing agents

Water fog / haze

· For safety reasons unsuitable extinguishing agents:

Water stream.

Water spray

Special hazards arising from the substance or mixture

Formation of toxic gases is possible during heating or in case of fire.

- Advice for firefighters
- · Protective equipment:

Wear self-contained respiratory protective device.

Wear fully protective suit.

· Additional information: Cool endangered containers with water fog.

6 Accidental release measures

· Personal precautions, protective equipment and emergency procedures

Ensure adequate ventilation.

Particular danger of slipping on leaked/spilled product.

Use personal protective equipment as required.

- · Environmental precautions Avoid release to the environment.
- Methods and material for containment and cleaning up

Towel or mop up material and collect in a suitable container.

For larger spills, add sawdust, chalk or other inert binding material, then sweep up and discard.

Dispose of the collected material according to regulations.

Reference to other sections

See Section 7 for information on safe handling.

See Section 8 for information on personal protection equipment.

See Section 13 for disposal information.

7 Handling and storage

- · Handling
- · Precautions for safe handling:

Open and handle receptacle with care.

Keep out of reach of children.

- · Conditions for safe storage, including any incompatibilities
- · Requirements to be met by storerooms and receptacles:

Store in cool, dry conditions in well sealed receptacles.

Avoid storage near extreme heat, ignition sources or open flame.

- Information about storage in one common storage facility: Store away from oxidizing agents.
- · Specific end use(s) No relevant information available.

8 Exposure controls/personal protection

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- · Control parameters
- · Components with limit values that require monitoring at the workplace:

The product does not contain any relevant quantities of materials with critical values that have to be monitored at the workplace.

- Exposure controls
- · General protective and hygienic measures:

The usual precautionary measures for handling chemicals should be followed.

Keep away from foodstuffs, beverages and feed.

· Engineering controls:

No relevant information available.

Provide adequate ventilation.

- · Breathing equipment: Not required under normal conditions of use.
- · Protection of hands:

Gloves are advised for repeated or prolonged contact.

Wear protective gloves to handle contents of damaged or leaking units.

- **Eye protection**: Follow relevant national guidelines concerning the use of protective eyewear.
- Body protection:

Not required under normal conditions of use.

Protection may be required for spills.

- Limitation and supervision of exposure into the environment No special requirements.
- · Risk management measures No special requirements.

9 Physical and chemical properties					
Information on basic physical and chemical properties Appearance:					
Form:	Fluid				
Color:	According to product specification				
· Odor:	Pleasant				
· Odor threshold:	Not determined.				
· pH-value:	Not determined.				
Melting point/Melting range:	Not determined.				
· Boiling point/Boiling range:	Not determined.				
· Flash point:	>94 °C (>201.2 °F)				
•	The product is not flammable.				
· Flammability (solid, gaseous):	Not applicable.				
· Auto-ignition temperature:	Not determined.				
Decomposition temperature:	Not determined.				
Danger of explosion:	Product does not present an explosion hazard.				
· Explosion limits					
Lower:	Not determined.				
Upper:	Not determined.				
· Oxidizing properties:	Non-oxidizing.				
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· Vapor pressure: Not determined.

· Density:

Relative density:

Vapor density:

Not determined.

Not determined.

Evaporation rate:

Not determined.

· Solubility in / Miscibility with

Water: Not miscible or difficult to mix.

· Partition coefficient (n-octanol/water): Not determined.

· Viscosity

Dynamic: Not determined. **Kinematic:** Not determined.

• Other information No relevant information available.

10 Stability and reactivity

- · Reactivity: No relevant information available.
- · Chemical stability: Stable under normal temperatures and pressures.
- Thermal decomposition / conditions to be avoided:

No decomposition if used and stored according to specifications.

· Possibility of hazardous reactions

Reacts with oxidizing agents.

Toxic fumes may be released if heated above the decomposition point.

- Conditions to avoid Excessive heat.
- · Incompatible materials Oxidizing agents.
- · Hazardous decomposition products

Under fire conditions only:

Carbon monoxide and carbon dioxide

11 Toxicological information

- Information on toxicological effects
- · Acute toxicity: Based on available data, the classification criteria are not met.
- LD/LC50 values that are relevant for classification: None.
- · Primary irritant effect:
- · On the skin: Based on available data, the classification criteria are not met.
- · On the eye: Based on available data, the classification criteria are not met.
- · Sensitization:

Contains Lemon, ext., Linalool, Linalyl acetate, Geraniol, Palmarosa oil. May produce an allergic reaction.

· IARC (International Agency for Research on Cancer):

Present in trace quantities.

123-35-3 Myrcene 2B

· NTP (National Toxicology Program):

None of the ingredients are listed.

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· OSHA-Ca (Occupational Safety & Health Administration):

None of the ingredients are listed.

Probable route(s) of exposure:

Ingestion. Inhalation.

Eye contact.

Skin contact.

- · Germ cell mutagenicity: Based on available data, the classification criteria are not met.
- Carcinogenicity: Based on available data, the classification criteria are not met.
- · Reproductive toxicity: Based on available data, the classification criteria are not met.
- · STOT-single exposure: Based on available data, the classification criteria are not met.
- · STOT-repeated exposure: Based on available data, the classification criteria are not met.
- · Aspiration hazard: Based on available data, the classification criteria are not met.

12 Ecological information

- ·Toxicity
- · Aquatic toxicity No relevant information available.
- · Persistence and degradability No relevant information available.
- · Bioaccumulative potential: No relevant information available.
- · Mobility in soil: No relevant information available.
- · Other adverse effects No relevant information available.

13 Disposal considerations

- · Waste treatment methods
- · Recommendation:

Smaller quantities can be disposed of with household waste.

The user of this material has the responsibility to dispose of unused material, residues and containers in compliance with all relevant local, state and federal laws and regulations regarding treatment, storage and disposal for hazardous and nonhazardous wastes.

- Uncleaned packagings
- · Recommendation: Disposal must be made according to official regulations.

14 Transport information		
· UN-Number · DOT, ADR/RID/ADN, IMDG, IATA	Not regulated.	
· UN proper shipping name · DOT, ADR/RID/ADN, IMDG, IATA	Not regulated.	
· Transport hazard class(es)		
· DOT, ADR/RID/ADN, IMDG, IATA · Class	Not regulated.	
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Packing group

· DOT, ADR/RID/ADN, IMDG, IATA Not regulated.

· Environmental hazards

· Marine pollutant: No

· Special precautions for user Not applicable.

· Transport in bulk according to Annex II of

MARPOL73/78 and the IBC Code Not applicable.

15 Regulatory information

- Safety, health and environmental regulations/legislation specific for the substance or mixture
- · United States (USA)
- ·SARA
- Section 302 (extremely hazardous substances):

None of the ingredients are listed.

· Section 355 (extremely hazardous substances):

None of the ingredients are listed.

Section 313 (Specific toxic chemical listings):

None of the ingredients are listed.

· TSCA (Toxic Substances Control Act)

All ingredients are listed or exempt.

- · Proposition 65 (California)
- · Chemicals known to cause cancer:

Present in trace quantities.

123-35-3 Myrcene

· Chemicals known to cause developmental toxicity for females:

None of the ingredients are listed.

· Chemicals known to cause developmental toxicity for males:

None of the ingredients are listed.

· Chemicals known to cause developmental toxicity:

None of the ingredients are listed.

EPA (Environmental Protection Agency):

None of the ingredients are listed.

· IARC (International Agency for Research on Cancer):

None of the ingredients are listed.

· Canadian Domestic Substances List (DSL):

All ingredients are listed or exempt.





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16 Other information

This information is based on our present knowledge. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

Abbreviations and acronyms:

ADR: European Agreement concerning the International Carriage of Dangerous Goods by Road

IMDG: International Maritime Code for Dangerous Goods

DOT: US Department of Transportation IATA: International Air Transport Association

CAS: Chemical Abstracts Service (division of the American Chemical Society)

LC50: Lethal concentration, 50 percent

LD50: Lethal dose, 50 percent

OSHA: Occupational Safety & Health Administration

Flam. Liq. 3: Flammable liquids – Category 3 Flam. Liq. 4: Flammable liquids – Category 4

Skin Irrit. 2: Skin corrosion/irritation - Category 2

Eye Dam. 1: Serious eye damage/eye irritation – Category 1

Eye Irrit. 2A: Serious eye damage/eye irritation – Category 2A

Eye Irrit. 2B: Serious eye damage/eye irritation – Category 2B

Skin Sens. 1: Skin sensitisation - Category 1

Skin Sens. 1B: Skin sensitisation - Category 1B

Asp. Tox. 1: Aspiration hazard - Category 1

·Sources

Website, European Chemicals Agency (echa.europa.eu)

Website, US EPA Substance Registry Services (ofmpub.epa.gov/sor internet/registry/substreg/home/ overview/home.do)

Website, Chemical Abstracts Registry, American Chemical Society (www.cas.org)

Patty's Industrial Hygiene, 6th ed., Rose, Vernon, ed. ISBN: 978-0-470-07488-6

Casarett and Doull's Toxicology: The Basic Science of Poisons, 8th Ed., Klaasen, Curtis D., ed., ISBN: 978-0-07-176923-5.

Safety Data Sheets, Individual Manufacturers

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