

# Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

## 1 Identification

- **Product identifier**
- **Trade name:** Peaceful Sleep™ Oil Blend
- **Product code:** 7607
- **Recommended use and restriction on use**
- **Recommended use:** Essential oils.
- **Restrictions on use:** Contact manufacturer
- **Details of the supplier of the Safety Data Sheet**
- **Manufacturer/Supplier:**  
NOW Health Group  
395 S. Glen Ellyn Road  
Bloomingdale, IL 60108  
630-545-9098
- **Emergency telephone number:**  
ChemTel Inc.  
+1 (800)255-3924, +1 (813)248-0585

## 2 Hazard(s) identification

- **Classification of the substance or mixture**  
Flam. Liq. 3 H226 Flammable liquid and vapor.  
Skin Irrit. 2 H315 Causes skin irritation.  
Skin Sens. 1 H317 May cause an allergic skin reaction.  
Asp. Tox. 1 H304 May be fatal if swallowed and enters airways.

- **Label elements**

- **GHS label elements**

The product is classified and labeled according to the Globally Harmonized System (GHS).

- **Hazard pictograms:**



GHS02 GHS07 GHS08

- **Signal word:** Danger

- **Hazard-determining components of labeling:**

Orange oil  
Tangerine oil  
Lavandula Angustifolia Oil  
Chamomile Roman Oil  
Ylang Ylang Complete Oil

- **Hazard statements:**

H226 Flammable liquid and vapor.  
H315 Causes skin irritation.  
H317 May cause an allergic skin reaction.  
H304 May be fatal if swallowed and enters airways.

(Cont'd. on page 2)

# Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 1)

**Precautionary statements:**













- P210 Keep away from heat/sparks/open flames/hot surfaces. No smoking.
- P264 Wash thoroughly after handling.
- P280 Wear protective gloves and eye protection.
- P233 Keep container tightly closed.
- P303+P361+P353 If on skin (or hair): Take off immediately all contaminated clothing. Rinse skin with water/shower.
- P370+P378 In case of fire: Use foam, powder, or carbon dioxide for extinction.
- P363 Wash contaminated clothing before reuse.
- P333+P313 If skin irritation or rash occurs: Get medical advice/attention.
- P301+P310 IF SWALLOWED: Immediately call a POISON CENTER/ doctor.
- P331 Do NOT induce vomiting.
- P405 Store locked up.
- P403+P235 Store in a well-ventilated place. Keep cool.
- P501 Dispose of contents/container in accordance with local/regional/national/international regulations.

**Other hazards** There are no other hazards not otherwise classified that have been identified.

### 3 Composition/information on ingredients

**Chemical characterization: Mixtures**

**Components:**

8008-57-9	Orange oil	 Flam. Liq. 3, H226  Asp. Tox. 1, H304  Skin Irrit. 2, H315; Skin Sens. 1B, H317	40-60%
8016-85-1	Tangerine oil	 Flam. Liq. 3, H226  Asp. Tox. 1, H304  Skin Irrit. 2, H315; Skin Sens. 1, H317	25-40%
8000-28-0	Lavandula Angustifolia Oil	 Asp. Tox. 1, H304  Skin Irrit. 2, H315; Skin Sens. 1, H317 Flam. Liq. 4, H227	10-20%
68916-68-7	Chamomile Roman Oil	 Asp. Tox. 1, H304  Skin Sens. 1B, H317 Flam. Liq. 4, H227	5-<10%
83863-30-3	Ylang Ylang Complete Oil	 Asp. Tox. 1, H304  Skin Irrit. 2, H315; Skin Sens. 1B, H317	2.5-5%

**Additional information:**

For the listed ingredient(s), the identity and exact percentage(s) are being withheld as a trade secret.  
 For the wording of the listed Hazard Statements refer to section 16.

### 4 First-aid measures

**Description of first aid measures**

**After inhalation:**

Supply fresh air; consult doctor in case of complaints.  
 Provide oxygen treatment if affected person has difficulty breathing.

(Cont'd. on page 3)

## Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 2)

In case of unconsciousness place patient stably in side position for transportation.

· **After skin contact:**

Immediately remove any clothing soiled by the product.  
Immediately wash with water and soap and rinse thoroughly.  
If skin irritation or rash occurs: Get medical advice/attention.

· **After eye contact:**

Remove contact lenses if worn.  
Rinse opened eye for several minutes under running water. If symptoms persist, consult a doctor.

· **After swallowing:**

Rinse out mouth and then drink plenty of water.  
A person vomiting while lying on their back should be turned onto their side.  
Do not induce vomiting; immediately call for medical help.

· **Most important symptoms and effects, both acute and delayed:**

Allergic reactions  
Gastric or intestinal disorders when ingested.  
Irritant to skin and mucous membranes.

· **Danger:**

Danger of impaired breathing.  
May be fatal if swallowed and enters airways.

· **Indication of any immediate medical attention and special treatment needed:**

Medical supervision for at least 48 hours.  
If necessary oxygen respiration treatment.  
Treat skin and mucous membrane with antihistamine and corticoid preparations.  
Contains Tangerine oil, Chamomile Roman Oil, Ylang Ylang Complete Oil, Lavandula Angustifolia Oil, Orange oil. May produce an allergic reaction.  
If medical advice is needed, have product container or label at hand.

### 5 Fire-fighting measures

· **Extinguishing media**

· **Suitable extinguishing agents:**

Water fog / haze  
Carbon dioxide  
Gaseous extinguishing agents  
Foam

· **For safety reasons unsuitable extinguishing agents:** Water stream.

· **Special hazards arising from the substance or mixture**

Flammable liquid and vapor.  
Formation of toxic gases is possible during heating or in case of fire.

· **Advice for firefighters**

· **Protective equipment:**

Wear self-contained respiratory protective device.  
Wear fully protective suit.

· **Additional information:** Cool endangered receptacles with water fog.

(Cont'd. on page 4)

## Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 3)

### 6 Accidental release measures

· **Personal precautions, protective equipment and emergency procedures:**

For large spills, use respiratory protective device against the effects of fumes/dust/aerosol.  
Wear protective equipment. Keep unprotected persons away.  
Ensure adequate ventilation.

· **Environmental precautions:**

Do not allow undiluted product or large quantities of it to reach ground water, water course or sewage system.

· **Methods and material for containment and cleaning up:**

Absorb with non-combustible liquid-binding material (sand, diatomite, acid binders, universal binders).

· **Reference to other sections:**

See Section 7 for information on safe handling.  
See Section 8 for information on personal protection equipment.  
See Section 13 for disposal information.

### 7 Handling and storage

· **Handling**

· **Precautions for safe handling:**

Prevent formation of aerosols.  
Avoid splashes or spray in enclosed areas.  
Use only in well ventilated areas.

· **Information about protection against explosions and fires:**

Flammable liquid and vapor.  
Keep ignition sources away - Do not smoke.  
Protect from heat.  
Flammable gas-air mixtures may be formed in empty containers/receptacles.

· **Conditions for safe storage, including any incompatibilities**

· **Storage**

· **Requirements to be met by storerooms and receptacles:**

Provide ventilation for receptacles.  
Avoid storage near extreme heat, ignition sources or open flame.

· **Information about storage in one common storage facility:**

Store away from foodstuffs.  
Store away from oxidizing agents.

· **Further information about storage conditions:** Keep containers tightly sealed.

· **Specific end use(s):** No relevant information available.

### 8 Exposure controls/personal protection

· **Control parameters**

· **Components with limit values that require monitoring at the workplace:**

The product does not contain any relevant quantities of materials with critical values that have to be monitored at the workplace.

(Cont'd. on page 5)

## Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 4)

- **Exposure controls**
- **Personal protective equipment:**
- **General protective and hygienic measures:**  
 The usual precautionary measures for handling chemicals should be followed.  
 Keep away from foodstuffs, beverages and feed.  
 Immediately remove all soiled and contaminated clothing.  
 Wash hands before breaks and at the end of work.  
 Avoid contact with the eyes.  
 Avoid close or long term contact with the skin.
- **Engineering controls:** No relevant information available.
- **Breathing equipment:**  
 Not required under normal conditions of use.  
 Use suitable respiratory protective device when high concentrations are present.
- **Protection of hands:**  
 Gloves are advised for repeated or prolonged contact.  
 Protection may be required for spills.  
 Wear protective gloves to handle contents of damaged or leaking units.  
 The glove material has to be impermeable and resistant to the product/ the substance/ the preparation.
- **Eye protection:** Follow relevant national guidelines concerning the use of protective eyewear.
- **Body protection:**  
 Not required under normal conditions of use.  
 Protection may be required for spills.
- **Limitation and supervision of exposure into the environment**  
 No relevant information available.

### 9 Physical and chemical properties

· **Information on basic physical and chemical properties**

· **Appearance:**

<b>Form:</b>	Liquid
<b>Color:</b>	Pale Yellow

· **Odor:** Pleasant

· **Odor threshold:** Not determined.

· **pH-value:** Not determined.

· **Melting point/Melting range:** Not determined.

· **Boiling point/Boiling range:** Not determined.

· **Flash point:** 55 - 65 °C (131 - 149 °F) (Estimated)

· **Flammability (solid, gaseous):** Not applicable.

· **Auto-ignition temperature:** Not determined.

· **Decomposition temperature:** Not determined.

· **Auto igniting:** Product is not self-igniting.

(Cont'd. on page 6)

## Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 5)

· <b>Danger of explosion:</b>	Product does not present an explosion hazard.
· <b>Explosion limits</b>	
<b>Lower:</b>	Not determined.
<b>Upper:</b>	Not determined.
· <b>Oxidizing properties:</b>	Not determined.
· <b>Vapor pressure:</b>	Not determined.
· <b>Density:</b>	0.82 – 0.90 g/cm <sup>3</sup> (6.843 – 7.511 lbs/gal)
· <b>Relative density:</b>	Not determined.
· <b>Vapor density:</b>	Not determined.
· <b>Evaporation rate:</b>	Not determined.
· <b>Solubility in / Miscibility with Water:</b>	Not miscible or difficult to mix.
· <b>Partition coefficient (n-octanol/water):</b>	Not determined.
· <b>Viscosity</b>	
<b>Dynamic:</b>	Not determined.
<b>Kinematic:</b>	Not determined.
· <b>Other information</b>	No relevant information available.

### 10 Stability and reactivity

- **Reactivity:** No relevant information available.
- **Chemical stability:** Stable under normal temperatures and pressures.
- **Thermal decomposition / conditions to be avoided:**  
No decomposition if used and stored according to specifications.
- **Possibility of hazardous reactions:**  
Flammable liquid and vapor.  
Reacts with strong oxidizing agents.  
Used empty containers may contain product gases which form explosive mixtures with air.  
Can form explosive mixtures in air if heated above flash point and/or when sprayed or atomized.
- **Conditions to avoid:** Excessive heat.
- **Incompatible materials:** No relevant information available.
- **Hazardous decomposition products:**  
Under fire conditions only:  
Carbon monoxide and carbon dioxide

### 11 Toxicological information

- **Information on toxicological effects**
- **Acute toxicity:**
- **LD/LC50 values that are relevant for classification:** None.

(Cont'd. on page 7)

# Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 6)

- **Primary irritant effect:**
- **On the skin:** Irritant to skin and mucous membranes.
- **On the eye:** Based on available data, the classification criteria are not met.
- **Sensitization:** Sensitization possible through skin contact.

· **IARC (International Agency for Research on Cancer):**

8016-85-1	Tangerine oil	3
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· **NTP (National Toxicology Program):**

None of the ingredients are listed.

· **OSHA-Ca (Occupational Safety & Health Administration):**

None of the ingredients are listed.

· **Probable route(s) of exposure:**

- Ingestion.
- Inhalation.
- Eye contact.
- Skin contact.

- **Acute effects (acute toxicity, irritation and corrosivity):** Irritating to skin.
- **Repeated dose toxicity:** Repeated exposure may result in skin sensitivity.
- **CMR effects (carcinogenicity, mutagenicity and toxicity for reproduction)**
- **Germ cell mutagenicity:** Based on available data, the classification criteria are not met.
- **Carcinogenicity:** Based on available data, the classification criteria are not met.
- **Reproductive toxicity:** Based on available data, the classification criteria are not met.
- **STOT-single exposure:** Based on available data, the classification criteria are not met.
- **STOT-repeated exposure:** Based on available data, the classification criteria are not met.
- **Aspiration hazard:** May be fatal if swallowed and enters airways.

## 12 Ecological information

- **Toxicity**
- **Aquatic toxicity** Very toxic to aquatic life.
- **Persistence and degradability** No relevant information available.
- **Bioaccumulative potential:** No relevant information available.
- **Mobility in soil:** No relevant information available.
- **Additional ecological information**
- **General notes:**  
Do not allow undiluted product or large quantities of it to reach ground water, water course or sewage system.  
Due to available data on eliminability/decomposition and bioaccumulation potential prolonged term damage of the environment can not be excluded.
- **Results of PBT and vPvB assessment**
- **PBT:** Not applicable.
- **vPvB:** Not applicable.
- **Other adverse effects:** No relevant information available.

(Cont'd. on page 8)

# Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 7)

## 13 Disposal considerations

· **Waste treatment methods**

· **Recommendation:**

The user of this material has the responsibility to dispose of unused material, residues and containers in compliance with all relevant local, state and federal laws and regulations regarding treatment, storage and disposal for hazardous and nonhazardous wastes.

· **Uncleaned packagings**

· **Recommendation:** Disposal must be made according to official regulations.

## 14 Transport information

· **UN-Number**

· **DOT**

NA1993

Reclassified as combustible under US DOT regulations. Labeling is only required for single packages  $\geq$  119 US gal / 450 L to include Combustible symbol and Proper Shipping Name.

· **ADR, IMDG, IATA**

UN1169

· **UN proper shipping name**



Limited Quantity for packages less than 30 kg (66 lb) and inner packagings less than 5 L (1.3 gal).

· **DOT**

COMBUSTIBLE LIQUID, N.O.S (Essential oils)

· **ADR**

1169 EXTRACTS, AROMATIC, LIQUID, ENVIRONMENTALLY HAZARDOUS

· **IMDG**

EXTRACTS, AROMATIC, LIQUID, MARINE POLLUTANT

· **IATA**

Extracts, aromatic, liquid

· **Transport hazard class(es)**

· **DOT**



· **Class**

3 Combustible liquids

· **Label**

3

· **ADR**



· **Class**

3 (F1) Flammable liquids

(Cont'd. on page 9)



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acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 8)

<ul style="list-style-type: none"> <li>· <b>Label</b></li> </ul>	3
<ul style="list-style-type: none"> <li>· <b>IMDG</b></li> </ul> <div style="display: flex; align-items: center; gap: 10px;">   </div>	
<ul style="list-style-type: none"> <li>· <b>Class</b></li> <li>· <b>Label</b></li> </ul>	3 Flammable liquids 3
<ul style="list-style-type: none"> <li>· <b>IATA</b></li> </ul> <div style="display: flex; align-items: center; gap: 10px;">  </div>	
<ul style="list-style-type: none"> <li>· <b>Class</b></li> <li>· <b>Label</b></li> </ul>	3 Flammable liquids 3
<ul style="list-style-type: none"> <li>· <b>Packing group</b></li> <li>· <b>DOT, ADR, IMDG, IATA</b></li> </ul>	III
<ul style="list-style-type: none"> <li>· <b>Environmental hazards</b></li> <li>· <b>Marine pollutant:</b></li> </ul>	Product contains environmentally hazardous substances: citrus terpenes Symbol (fish and tree)
<ul style="list-style-type: none"> <li>· <b>Special precautions for user</b></li> <li>· <b>Danger code (Kemler):</b></li> <li>· <b>EMS Number:</b></li> </ul>	Warning: Flammable liquids 30 F-E,S-D
<ul style="list-style-type: none"> <li>· <b>Transport in bulk according to Annex II of MARPOL73/78 and the IBC Code</b></li> </ul>	Not applicable.
<ul style="list-style-type: none"> <li>· <b>Transport/Additional information:</b></li> <li>· <b>DOT</b></li> <li>· <b>Remarks:</b></li> </ul>	Transport labeling is not required for non-bulk single package shipments by motor vehicle, rail car or aircraft. Bulk packaging consists of a maximum capacity of greater than 450L (119 gallons) for a liquid and a maximum net mass greater than 400kg (882 pounds) for a solid.

(Cont'd. on page 10)

# Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 9)

## 15 Regulatory information

- **Safety, health and environmental regulations/legislation specific for the substance or mixture**
- **United States (USA)**
- **SARA**

· **Section 355 (extremely hazardous substances):**

None of the ingredients are listed.

· **Section 313 (Specific toxic chemical listings):**

None of the ingredients are listed.

· **TSCA (Toxic Substances Control Act)**

All ingredients are listed.

· **Proposition 65 (California)**

· **Chemicals known to cause cancer:**

None of the ingredients are listed.

· **Chemicals known to cause reproductive toxicity for females:**

None of the ingredients are listed.

· **Chemicals known to cause reproductive toxicity for males:**

None of the ingredients are listed.

· **Chemicals known to cause developmental toxicity:**

None of the ingredients are listed.

· **Carcinogenic categories**

· **EPA (Environmental Protection Agency):**

None of the ingredients are listed.

· **IARC (International Agency for Research on Cancer):**

8016-85-1	Tangerine oil	3
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· **NIOSH-Ca (National Institute for Occupational Safety and Health):**

None of the ingredients are listed.

· **Canada**

· **Canadian substance listings**

· **Canadian Domestic Substances List (DSL):**

All ingredients are listed.

· **Canadian Ingredient Disclosure list (limit 0.1%):**

None of the ingredients are listed.

· **Canadian Ingredient Disclosure list (limit 1%):**

8016-85-1	Tangerine oil
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- **Chemical safety assessment:** A Chemical Safety Assessment has not been carried out.

(Cont'd. on page 11)

## Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/07/2016

Revision: 03/07/2016

**Trade name: Peaceful Sleep™ Oil Blend**

(Cont'd. of page 10)

### 16 Other information

This information is based on our present knowledge. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

· **Date of preparation / last revision** 03/07/2016 / -

· **Abbreviations and acronyms:**

ADR: European Agreement concerning the International Carriage of Dangerous Goods by Road

IMDG: International Maritime Code for Dangerous Goods

DOT: US Department of Transportation

IATA: International Air Transport Association

CAS: Chemical Abstracts Service (division of the American Chemical Society)

LC50: Lethal concentration, 50 percent

LD50: Lethal dose, 50 percent

PBT: Persistent, Bioaccumulative and Toxic

vPvB: very Persistent and very Bioaccumulative

NIOSH: National Institute for Occupational Safety

OSHA: Occupational Safety & Health

Flam. Liq. 3: Flammable liquids, Hazard Category 3

Flam. Liq. 4: Flammable liquids, Hazard Category 4

Skin Irrit. 2: Skin corrosion/irritation, Hazard Category 2

Skin Sens. 1: Sensitisation - Skin, Hazard Category 1

Skin Sens. 1B: Sensitisation - Skin, Hazard Category 1B

Asp. Tox. 1: Aspiration hazard, Hazard Category 1

· **Sources**

Website, European Chemicals Agency ([echa.europa.eu](http://echa.europa.eu))

Website, US EPA Substance Registry Services ([ofmpub.epa.gov/sor-internet/registry/substreg/home/overview/home.do](http://ofmpub.epa.gov/sor-internet/registry/substreg/home/overview/home.do))

Website, Chemical Abstracts Registry, American Chemical Society ([www.cas.org](http://www.cas.org))

Patty's Industrial Hygiene, 6th ed., Rose, Vernon, ed. ISBN: ISBN: 978-0-470-07488-6

Casarett and Doull's Toxicology: The Basic Science of Poisons, 8th Ed., Klaasen, Curtis D., ed., ISBN: 978-0-07-176923-5.

Safety Data Sheets, Individual Manufacturers

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