

Safety Data Sheet

acc. to OSHA HCS (29CFR 1910.1200) and WHMIS 2015 Regulations

Printing date: March 27, 2019

Revision: March 27, 2019

1 Identification

- **Product identifier**
- **Trade name:** Mental Focus Oil Blend
- **Product code:** 7606
- **Recommended use and restriction on use**
- **Recommended use:** Essential oils.
- **Restrictions on use:** No relevant information available.
- **Details of the supplier of the Safety Data Sheet**
- **Manufacturer/Supplier:**
NOW Health Group
395 S. Glen Ellyn Road
Bloomington, IL 60108
630-545-9098
- **Emergency telephone number:**
ChemTel Inc.
(800)255-3924 (North America)
+1 (813)248-0585 (International)

2 Hazard(s) identification

- **Classification of the substance or mixture**
Flam. Liq. 3 H226 Flammable liquid and vapor.
Skin Irrit. 2 H315 Causes skin irritation.
Eye Irrit. 2A H319 Causes serious eye irritation.
Skin Sens. 1 H317 May cause an allergic skin reaction.
STOT SE 2 H371 May cause damage to the central nervous system. Route of exposure: Oral.
Asp. Tox. 1 H304 May be fatal if swallowed and enters airways.

- **Label elements**

- **GHS label elements**

The product is classified and labeled according to the Globally Harmonized System (GHS).

- **Hazard pictograms:**



GHS02 GHS07 GHS08

- **Signal word:** Danger
- **Hazard statements:**
H226 Flammable liquid and vapor.
H315 Causes skin irritation.
H319 Causes serious eye irritation.
H317 May cause an allergic skin reaction.
H371 May cause damage to the central nervous system. Route of exposure: Oral.
H304 May be fatal if swallowed and enters airways.
- **Precautionary statements:**
P210 Keep away from heat/sparks/open flames/hot surfaces. - No smoking.
P233 Keep container tightly closed.

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- P240 Ground/bond container and receiving equipment.
- P241 Use explosion-proof electrical/ventilating/lighting/equipment.
- P242 Use only non-sparking tools.
- P243 Take precautionary measures against static discharge.
- P260 Do not breathe mist/vapors/spray.
- P264 Wash hands thoroughly after handling.
- P270 Do not eat, drink or smoke when using this product.
- P272 Contaminated work clothing must not be allowed out of the workplace.
- P280 Wear protective gloves and eye protection.
- P301+P310 If swallowed: Immediately call a poison center/doctor.
- P331 Do NOT induce vomiting.
- P303+P361+P353 If on skin (or hair): Take off immediately all contaminated clothing. Rinse skin with water/shower.
- P305+P351+P338 IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing.
- P308+P311 IF exposed or concerned: Call a poison center/doctor.
- P333+P313 If skin irritation or rash occurs: Get medical advice/attention.
- P337+P313 If eye irritation persists: Get medical advice/attention.
- P363 Wash contaminated clothing before reuse.
- P370+P378 In case of fire: Use foam, powder, or carbon dioxide for extinction.
- P403+P235 Store in a well-ventilated place. Keep cool.
- P405 Store locked up.
- P501 Dispose of contents/container in accordance with local/regional/national/international regulations.

· **Other hazards** There are no other hazards not otherwise classified that have been identified.

3 Composition/information on ingredients

· **Chemical characterization: Mixtures**

· **Components:**

8008-56-8	Lemon, ext. <ul style="list-style-type: none"> ⚠ Flam. Liq. 3, H226 ⚠ Asp. Tox. 1, H304 ⚠ Skin Irrit. 2, H315; Skin Sens. 1, H317 ⚠ Eye Irrit. 2B, H320 	40-60%
8006-90-4	Peppermint oil <ul style="list-style-type: none"> ⚠ Skin Irrit. 2, H315; Eye Irrit. 2A, H319; Skin Sens. 1B, H317 ⚠ Flam. Liq. 4, H227 	25-40%
68917-75-9	Wintergreen oil <ul style="list-style-type: none"> ⚠ Acute Tox. 4, H302 ⚠ Flam. Liq. 4, H227 	10-20%
8015-73-4	Basil oil <ul style="list-style-type: none"> ⚠ Acute Tox. 4, H302; Skin Irrit. 2, H315; Eye Irrit. 2A, H319; STOT SE 3, H335 ⚠ Flam. Liq. 4, H227 	5-<10%
8000-25-7	Rosemary oil <ul style="list-style-type: none"> ⚠ Flam. Liq. 3, H226 ⚠ STOT SE 2, H371; Asp. Tox. 1, H304 ⚠ Skin Irrit. 2, H315; Eye Irrit. 2A, H319; Skin Sens. 1B, H317 	5-<10%

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8016-20-4	Grapefruit oil	2.5-5%
	<ul style="list-style-type: none">  Flam. Liq. 3, H226  Asp. Tox. 1, H304  Skin Irrit. 2, H315; Skin Sens. 1, H317 	

Additional information:

For the listed ingredient(s), the identity and/or exact percentage(s) are being withheld as a trade secret.
For the wording of the listed Hazard Statements, refer to section 16.

4 First-aid measures

Description of first aid measures

After inhalation:

Supply fresh air; consult doctor in case of complaints.
Provide oxygen treatment if affected person has difficulty breathing.
In case of unconsciousness place patient stably in side position for transportation.

After skin contact:

Immediately remove any clothing soiled by the product.
Immediately wash with water and soap and rinse thoroughly.
If skin irritation or rash occurs: Get medical advice/attention.

After eye contact:

Remove contact lenses if worn.
Rinse opened eye for several minutes under running water. If symptoms persist, consult a doctor.

After swallowing:

Rinse out mouth and then drink plenty of water.
Do not induce vomiting; immediately call for medical help.
A person vomiting while lying on their back should be turned onto their side.

Most important symptoms and effects, both acute and delayed:

Breathing difficulty
Coughing
Allergic reactions
Irritant to skin and mucous membranes.
Causes serious eye irritation.
Gastric or intestinal disorders when ingested.
May cause respiratory irritation.

Danger:

May be fatal if swallowed and enters airways.
Danger of impaired breathing.
May cause damage to the central nervous system. Route of exposure: Oral.

Indication of any immediate medical attention and special treatment needed:

If swallowed or in case of vomiting, danger of entering the lungs.
Medical supervision for at least 48 hours.
If necessary oxygen respiration treatment.
Later observation for pneumonia and pulmonary edema.
Contains Lemon, ext., Peppermint oil, Rosemary oil, Grapefruit oil. May produce an allergic reaction.
Treat skin and mucous membrane with antihistamine and corticoid preparations.

5 Fire-fighting measures

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- **Extinguishing media**
- **Suitable extinguishing agents:**
 - Water fog / haze
 - Carbon dioxide
 - Gaseous extinguishing agents
 - Foam
- **For safety reasons unsuitable extinguishing agents:** Water stream.
- **Special hazards arising from the substance or mixture**
 - Flammable liquid and vapor.
 - Formation of toxic gases is possible during heating or in case of fire.
- **Advice for firefighters**
- **Protective equipment:**
 - Wear self-contained respiratory protective device.
 - Wear fully protective suit.
- **Additional information:** Cool endangered containers with water fog.

6 Accidental release measures

- **Personal precautions, protective equipment and emergency procedures**
 - For large spills, use respiratory protective device against the effects of fumes/dust/aerosol.
 - Use personal protective equipment as required.
 - Particular danger of slipping on leaked/spilled product.
 - Ensure adequate ventilation.
- **Environmental precautions** Avoid release to the environment.
- **Methods and material for containment and cleaning up**
 - Absorb with non-combustible liquid-binding material (sand, diatomite, acid binders, universal binders).
- **Reference to other sections**
 - See Section 7 for information on safe handling.
 - See Section 8 for information on personal protection equipment.
 - See Section 13 for disposal information.

7 Handling and storage

- **Handling**
- **Precautions for safe handling:**
 - Avoid splashes or spray in enclosed areas.
 - Use only in well ventilated areas.
 - Open and handle receptacle with care.
 - Keep out of reach of children.
- **Information about protection against explosions and fires:**
 - Flammable liquid and vapor.
 - Keep ignition sources away - Do not smoke.
 - Protect from heat.
 - Flammable gas-air mixtures may be formed in empty containers/receptacles.
- **Conditions for safe storage, including any incompatibilities**
- **Requirements to be met by storerooms and receptacles:**
 - Avoid storage near extreme heat, ignition sources or open flame.

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- Store in cool, dry conditions in well sealed receptacles.
- **Information about storage in one common storage facility:**
 - Store away from foodstuffs.
 - Store away from oxidizing agents.
- **Specific end use(s)** No relevant information available.

8 Exposure controls/personal protection

- **Control parameters**
- **Components with limit values that require monitoring at the workplace:**
 - The product does not contain any relevant quantities of materials with critical values that have to be monitored at the workplace.
- **Exposure controls**
- **General protective and hygienic measures:**
 - The usual precautionary measures for handling chemicals should be followed.
 - Keep away from foodstuffs, beverages and feed.
 - Immediately remove all soiled and contaminated clothing.
 - Wash hands before breaks and at the end of work.
 - Avoid contact with the eyes and skin.
- **Engineering controls:** No relevant information available.
- **Breathing equipment:**
 - Not required under normal conditions of use.
 - Use suitable respiratory protective device in case of insufficient ventilation.
- **Protection of hands:**
 - Gloves are advised for repeated or prolonged contact.
 - The glove material has to be impermeable and resistant to the product/ the substance/ the preparation.
- **Eye protection:** Follow relevant national guidelines concerning the use of protective eyewear.
- **Body protection:**
 - Protective work clothing
 - Protection may be required for spills.
- **Limitation and supervision of exposure into the environment**
 - No relevant information available.
- **Risk management measures** No relevant information available.

9 Physical and chemical properties

- **Information on basic physical and chemical properties**
- **Appearance:**

Form:	Liquid
Color:	Light yellow
	Orange
- **Odor:** Sweet
- **Odor threshold:** Not determined.
- **pH-value:** Not determined.
- **Melting point/Melting range:** Not determined.
- **Boiling point/Boiling range:** Not determined.

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· Flash point:	50 °C (122 °F) (closed cup)
· Flammability (solid, gaseous):	Not applicable.
· Auto-ignition temperature:	Not determined.
· Decomposition temperature:	Not determined.
· Danger of explosion:	Product does not present an explosion hazard.
· Explosion limits	
Lower:	Not determined.
Upper:	Not determined.
· Oxidizing properties:	Not determined.
· Vapor pressure:	Not determined.
· Density:	
Relative density:	0.86-0.95
Vapor density:	Not determined.
Evaporation rate:	Not determined.
· Solubility in / Miscibility with Water:	Not miscible or difficult to mix.
· Partition coefficient (n-octanol/water):	Not determined.
· Viscosity	
Dynamic:	Not determined.
Kinematic:	Not determined.
· Other information	No relevant information available.

10 Stability and reactivity

- Reactivity:** No relevant information available.
- Chemical stability:** Stable under normal temperatures and pressures.
- Thermal decomposition / conditions to be avoided:**
No decomposition if used and stored according to specifications.
- Possibility of hazardous reactions**
Flammable liquid and vapor.
Reacts with strong oxidizing agents.
Used empty containers may contain product gases which form explosive mixtures with air.
Can form explosive mixtures in air if heated above flash point and/or when sprayed or atomized.
- Conditions to avoid** Excessive heat.
- Incompatible materials** No relevant information available.
- Hazardous decomposition products**
Under fire conditions only:
Carbon monoxide and carbon dioxide

11 Toxicological information

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· **Information on toxicological effects**

· **Acute toxicity:** Based on available data, the classification criteria are not met.

· **LD/LC50 values that are relevant for classification:**

8006-90-4 Peppermint oil

Oral	LD50	2426 mg/kg (rat)
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68917-75-9 Wintergreen oil

Oral	LD50	800-1200 mg/kg (rat)
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8015-73-4 Basil oil

Oral	LD50	1400 mg/kg (rat)
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8016-20-4 Grapefruit oil

Oral	LD50	>5000 mg/kg (rat)
Dermal	LD50	>5000 mg/kg (rabbit)

· **Primary irritant effect:**

· **On the skin:** Irritant to skin and mucous membranes.

· **On the eye:** Causes eye irritation.

· **Sensitization:** May cause sensitization by skin contact.

· **IARC (International Agency for Research on Cancer):**

None of the ingredients are listed.

· **NTP (National Toxicology Program):**

None of the ingredients are listed.

· **OSHA-Ca (Occupational Safety & Health Administration):**

None of the ingredients are listed.

· **Probable route(s) of exposure:**

- Ingestion.
- Inhalation.
- Eye contact.
- Skin contact.

· **Germ cell mutagenicity:** Based on available data, the classification criteria are not met.

· **Carcinogenicity:** Based on available data, the classification criteria are not met.

· **Reproductive toxicity:** Based on available data, the classification criteria are not met.

· **STOT-single exposure:** May cause damage to the central nervous system. Route of exposure: Oral.

· **STOT-repeated exposure:** Based on available data, the classification criteria are not met.

· **Aspiration hazard:** May be fatal if swallowed and enters airways.

12 Ecological information

· **Toxicity**

· **Aquatic toxicity** Toxic to aquatic life with long lasting effects.

· **Persistence and degradability** No relevant information available.

· **Bioaccumulative potential:** No relevant information available.

· **Mobility in soil:** No relevant information available.

· **Additional ecological information**

· **General notes:**

Avoid release to the environment.

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Due to available data on eliminability/decomposition and bioaccumulation potential prolonged term damage of the environment can not be excluded.

· **Results of PBT and vPvB assessment**

- **PBT:** Not applicable.
- **vPvB:** Not applicable.
- **Other adverse effects** No relevant information available.

13 Disposal considerations

· **Waste treatment methods**

· **Recommendation:**

The user of this material has the responsibility to dispose of unused material, residues and containers in compliance with all relevant local, state and federal laws and regulations regarding treatment, storage and disposal for hazardous and nonhazardous wastes.

· **Uncleaned packagings**

- **Recommendation:** Disposal must be made according to official regulations.

14 Transport information

· **UN-Number**

- **DOT** NA1993
- **ADR/RID/ADN, IMDG, IATA** UN1169

· **UN proper shipping name**

- **DOT** Combustible liquid, n.o.s. (Essential oils)
- **ADR/RID/ADN, IMDG** EXTRACTS, AROMATIC, LIQUID
- **IATA** Extracts, aromatic, liquid

· **Transport hazard class(es)**

· **DOT**



- **Class** 3
- **Label** 3

· **ADR/RID/ADN**



- **Class** 3 (F1)
- **Label** 3

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· **IMDG, IATA**



· **Class** 3
 · **Label** 3

· **Packing group**

· **DOT, ADR/RID/ADN, IMDG, IATA** III

· **Environmental hazards**

Product contains environmentally hazardous substances: Lemon, ext., Rosemary oil

· **Marine pollutant:**



Yes

· **Special precautions for user**

Warning: Flammable liquids

· **Danger code (Kemler):**

30

· **EMS Number:**

F-E,S-D

· **Transport in bulk according to Annex II of MARPOL73/78 and the IBC Code**

Not applicable.

· **Transport/Additional information:**

· **DOT**

· **Remarks:**

Transport labeling is not required for non-bulk single package shipments by motor vehicle, rail car or aircraft. Bulk packaging consists of a maximum capacity of greater than 450L (119 gallons) for a liquid and a maximum net mass greater than 400kg (882 pounds) for a solid.

· **ADR/RID/ADN**



Limited Quantity for packages less than 30 kg gross and inner packagings less than 5 L each.

Marine pollutants packaged in single or combination packagings containing a net quantity per single or inner packaging of 5 L or less for liquids or having a net mass per single or inner packaging of 5 kg or less for solids are not subject to provisions relevant to marine pollutants. (See 5.2.1.8.1)

· **IMDG**



Limited Quantity for packages less than 30 kg gross and inner packagings less than 5 L each.

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Marine pollutants packaged in single or combination packagings containing a net quantity per single or inner packaging of 5 L or less for liquids or having a net mass per single or inner packaging of 5 kg or less for solids are not subject to provisions relevant to marine pollutants. (See 2.10.2.7)

· IATA



Limited Quantity for packages less than 30 kg gross and inner packagings less than 5 L each.

15 Regulatory information

- **Safety, health and environmental regulations/legislation specific for the substance or mixture**
- **United States (USA)**
- **SARA**

· **Section 302 (extremely hazardous substances):**

None of the ingredients are listed.

· **Section 355 (extremely hazardous substances):**

None of the ingredients are listed.

· **Section 313 (Specific toxic chemical listings):**

None of the ingredients are listed.

· **TSCA (Toxic Substances Control Act)**

All ingredients are listed.

· **Proposition 65 (California)**

· **Chemicals known to cause cancer:**

None of the ingredients are listed.

· **Chemicals known to cause developmental toxicity for females:**

None of the ingredients are listed.

· **Chemicals known to cause developmental toxicity for males:**

None of the ingredients are listed.

· **Chemicals known to cause developmental toxicity:**

None of the ingredients are listed.

· **EPA (Environmental Protection Agency):**

None of the ingredients are listed.

· **IARC (International Agency for Research on Cancer):**

None of the ingredients are listed.

· **Canadian Domestic Substances List (DSL) (Substances not listed.):**

All ingredients are listed.

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16 Other information

This information is based on our present knowledge. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

· **Abbreviations and acronyms:**

ADR: European Agreement concerning the International Carriage of Dangerous Goods by Road

IMDG: International Maritime Code for Dangerous Goods

DOT: US Department of Transportation

IATA: International Air Transport Association

CAS: Chemical Abstracts Service (division of the American Chemical Society)

LC50: Lethal concentration, 50 percent

LD50: Lethal dose, 50 percent

PBT: Persistent, Bio-accumulable, Toxic

vPvB: very Persistent and very Bioaccumulative

OSHA: Occupational Safety & Health Administration

Flam. Liq. 3: Flammable liquids – Category 3

Flam. Liq. 4: Flammable liquids – Category 4

Acute Tox. 4: Acute toxicity – Category 4

Skin Irrit. 2: Skin corrosion/irritation – Category 2

Eye Irrit. 2A: Serious eye damage/eye irritation – Category 2A

Eye Irrit. 2B: Serious eye damage/eye irritation – Category 2B

Skin Sens. 1: Skin sensitisation – Category 1

Skin Sens. 1B: Skin sensitisation – Category 1B

STOT SE 2: Specific target organ toxicity (single exposure) – Category 2

STOT SE 3: Specific target organ toxicity (single exposure) – Category 3

Asp. Tox. 1: Aspiration hazard – Category 1

· **Sources**

Website, European Chemicals Agency (echa.europa.eu)

Website, US EPA Substance Registry Services (ofmpub.epa.gov/sorinternet/registry/substreg/home/overview/home.do)

Website, Chemical Abstracts Registry, American Chemical Society (www.cas.org)

Patty's Industrial Hygiene, 6th ed., Rose, Vernon, ed. ISBN: 978-0-470-07488-6

Casarett and Doull's Toxicology: The Basic Science of Poisons, 8th Ed., Klaassen, Curtis D., ed., ISBN: 978-0-07-176923-5.

Safety Data Sheets, Individual Manufacturers

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