

Safety Data Sheet

acc. to OSHA HCS (29 CFR 1910.1200) and WHMIS 2015 regulations

Printing date: 03/04/2016

Revision: 03/04/2016

1 Identification

- **Product identifier**
- **Trade name:** Mental Focus Oil Blend
- **Product code:** 7606
- **Recommended use and restriction on use**
- **Recommended use:** Essential oils.
- **Restrictions on use:** Contact manufacturer
- **Details of the supplier of the Safety Data Sheet**
- **Manufacturer/Supplier:**
NOW Health Group
395 S. Glen Ellyn Road
Bloomingdale, IL 60108
630-545-9098
- **Emergency telephone number:**
ChemTel Inc.
+1 (800)255-3924, +1 (813)248-0585

2 Hazard(s) identification

- **Classification of the substance or mixture**
Flam. Liq. 3 H226 Flammable liquid and vapor.
Skin Irrit. 2 H315 Causes skin irritation.
Skin Sens. 1 H317 May cause an allergic skin reaction.
STOT SE 2 H371 May cause damage to organs.
Asp. Tox. 1 H304 May be fatal if swallowed and enters airways.

- **Label elements**

- **GHS label elements**

The product is classified and labeled according to the Globally Harmonized System (GHS).

- **Hazard pictograms:**



GHS02 GHS07 GHS08

- **Signal word:** Danger

- **Hazard-determining components of labeling:**

Lemon Oil
Rosemary oil
Peppermint oil
Basil oil
Grapefruit oil

- **Hazard statements:**

H226 Flammable liquid and vapor.
H315 Causes skin irritation.
H317 May cause an allergic skin reaction.
H371 May cause damage to organs.

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H335 May cause respiratory irritation.

H304 May be fatal if swallowed and enters airways.

Precautionary statements:

P210 Keep away from heat/sparks/open flames/hot surfaces. No smoking.

P264 Wash thoroughly after handling.

P280 Wear protective gloves / eye protection / face protection.

P270 Do not eat, drink or smoke when using this product.

P303+P361+P353 If on skin (or hair): Take off immediately all contaminated clothing. Rinse skin with water/shower.

P370+P378 In case of fire: Use foam, powder, or carbon dioxide for extinction.

P363 Wash contaminated clothing before reuse.

P333+P313 If skin irritation or rash occurs: Get medical advice/attention.

P301+P310 IF SWALLOWED: Immediately call a POISON CENTER/ doctor.

P331 Do NOT induce vomiting.

P308+P311 IF exposed or concerned: Call a POISON CENTER/doctor.

P405 Store locked up.

P403+P235 Store in a well-ventilated place. Keep cool.

P501 Dispose of contents/container in accordance with local/regional/national/international regulations.

Other hazards There are no other hazards not otherwise classified that have been identified.

3 Composition/information on ingredients

Chemical characterization: Mixtures

Components:

8008-56-8	Lemon Oil ⚠ Flam. Liq. 3, H226 ⚠ Asp. Tox. 1, H304 ⚠ Skin Irrit. 2, H315; Skin Sens. 1, H317	40-60%
8006-90-4	Peppermint oil ⚠ Skin Irrit. 2, H315; Skin Sens. 1B, H317 Flam. Liq. 4, H227	25-40%
68917-75-9	Oil of Wintergreen ⚠ Acute Tox. 4, H302 Flam. Liq. 4, H227	10-20%
8015-73-4	Basil oil ⚠ Acute Tox. 4, H302; Skin Irrit. 2, H315; Eye Irrit. 2A, H319; STOT SE 3, H335 Flam. Liq. 4, H227	5-<10%
8000-25-7	Rosemary oil ⚠ Flam. Liq. 3, H226 ⚠ STOT SE 2, H371; Asp. Tox. 1, H304 ⚠ Skin Sens. 1, H317	5-<10%
8016-20-4	Grapefruit oil ⚠ Flam. Liq. 3, H226 ⚠ Asp. Tox. 1, H304 ⚠ Skin Irrit. 2, H315; Skin Sens. 1, H317	2.5-5%

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· **Additional information:**

For the listed ingredient(s), the identity and exact percentage(s) are being withheld as a trade secret.
For the wording of the listed Hazard Statements refer to section 16.

4 First-aid measures

· **Description of first aid measures**

· **After inhalation:**

Supply fresh air; consult doctor in case of complaints.
Provide oxygen treatment if affected person has difficulty breathing.
In case of unconsciousness place patient stably in side position for transportation.

· **After skin contact:**

Immediately remove any clothing soiled by the product.
If skin irritation or rash occurs: Get medical advice/attention.
Immediately wash with water and soap and rinse thoroughly.
If skin irritation continues, consult a doctor.

· **After eye contact:**

Remove contact lenses if worn.
Rinse opened eye for several minutes under running water. If symptoms persist, consult a doctor.

· **After swallowing:**

Rinse out mouth and then drink plenty of water.
A person vomiting while lying on their back should be turned onto their side.
Do not induce vomiting; immediately call for medical help.

· **Most important symptoms and effects, both acute and delayed:**

Breathing difficulty
Coughing
Allergic reactions
Irritant to skin and mucous membranes.
Gastric or intestinal disorders when ingested.
May cause respiratory irritation.

· **Danger:**

Danger of impaired breathing.
May be fatal if swallowed and enters airways.
May cause damage to organs.

· **Indication of any immediate medical attention and special treatment needed:**

If swallowed or in case of vomiting, danger of entering the lungs.
Medical supervision for at least 48 hours.
If necessary oxygen respiration treatment.
Later observation for pneumonia and pulmonary edema.
Treat skin and mucous membrane with antihistamine and corticoid preparations.
Contains Lemon, Peppermint oils.. May produce an allergic reaction.
Also contains Rosemary, Grapefruit oils.
If medical advice is needed, have product container or label at hand.

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5 Fire-fighting measures

- **Extinguishing media**
- **Suitable extinguishing agents:**
 - Water fog / haze
 - Carbon dioxide
 - Gaseous extinguishing agents
 - Foam
- **For safety reasons unsuitable extinguishing agents:** Water stream.
- **Special hazards arising from the substance or mixture**
 - Flammable liquid and vapor.
 - Formation of toxic gases is possible during heating or in case of fire.
- **Advice for firefighters**
- **Protective equipment:**
 - Wear self-contained respiratory protective device.
 - Wear fully protective suit.
- **Additional information:** Cool endangered receptacles with water fog.

6 Accidental release measures

- **Personal precautions, protective equipment and emergency procedures:**
 - For large spills, use respiratory protective device against the effects of fumes/dust/aerosol.
 - Use personal protective equipment as required.
 - Ensure adequate ventilation.
- **Environmental precautions:**
 - Do not allow undiluted product or large quantities of it to reach ground water, water course or sewage system.
- **Methods and material for containment and cleaning up:**
 - Absorb with non-combustible liquid-binding material (sand, diatomite, acid binders, universal binders).
- **Reference to other sections:**
 - See Section 7 for information on safe handling.
 - See Section 8 for information on personal protection equipment.
 - See Section 13 for disposal information.

7 Handling and storage

- **Handling**
- **Precautions for safe handling:**
 - Prevent formation of aerosols.
 - Avoid splashes or spray in enclosed areas.
 - Use only in well ventilated areas.
- **Information about protection against explosions and fires:**
 - Flammable liquid and vapor.
 - Keep ignition sources away - Do not smoke.
 - Protect from heat.
 - Flammable gas-air mixtures may be formed in empty containers/receptacles.

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- **Conditions for safe storage, including any incompatibilities**
- **Storage**
- **Requirements to be met by storerooms and receptacles:** Provide ventilation for receptacles.
- **Information about storage in one common storage facility:**
 - Store away from foodstuffs.
 - Store away from oxidizing agents.
- **Further information about storage conditions:** Keep containers tightly sealed.
- **Specific end use(s):** No relevant information available.

8 Exposure controls/personal protection

- **Control parameters**
- **Components with limit values that require monitoring at the workplace:**

The product does not contain any relevant quantities of materials with critical values that have to be monitored at the workplace.
- **Exposure controls**
- **Personal protective equipment:**
- **General protective and hygienic measures:**

The usual precautionary measures for handling chemicals should be followed.
 Keep away from foodstuffs, beverages and feed.
 Immediately remove all soiled and contaminated clothing.
 Wash hands before breaks and at the end of work.
 Avoid contact with the eyes and skin.
- **Engineering controls:** No relevant information available.
- **Breathing equipment:**

Not required under normal conditions of use.
 Use suitable respiratory protective device when high concentrations are present.
- **Protection of hands:**

The glove material has to be impermeable and resistant to the product/ the substance/ the preparation.
- **Eye protection:** Follow relevant national guidelines concerning the use of protective eyewear.
- **Body protection:**

Not required under normal conditions of use.
 Protection may be required for spills.
- **Limitation and supervision of exposure into the environment**

No relevant information available.

9 Physical and chemical properties

- **Information on basic physical and chemical properties**
- **Appearance:**

Form:	Liquid
Color:	Light yellow
	Orange
- **Odor:** Sweetish

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· Odor threshold:	Not determined.
· pH-value:	Not determined.
· Melting point/Melting range:	Not determined.
· Boiling point/Boiling range:	Not determined.
· Flash point:	50 - 60 °C (122 - 140 °F) (Estimated)
· Flammability (solid, gaseous):	Not applicable.
· Auto-ignition temperature:	Not determined.
· Decomposition temperature:	Not determined.
· Auto igniting:	Product is not self-igniting.
· Danger of explosion:	Product does not present an explosion hazard.
· Explosion limits Lower:	Not determined.
Upper:	Not determined.
· Oxidizing properties:	Not determined.
· Vapor pressure:	Not determined.
· Density:	0.86 - 0.95 g/cm ³ (7.177 - 7.928 lbs/gal)
· Relative density:	Not determined.
· Vapor density:	Not determined.
· Evaporation rate:	Not determined.
· Solubility in / Miscibility with Water:	Not miscible or difficult to mix.
· Partition coefficient (n-octanol/water):	Not determined.
· Viscosity Dynamic:	Not determined.
Kinematic:	Not determined.
· Other information	No relevant information available.

10 Stability and reactivity

- **Reactivity:** No relevant information available.
- **Chemical stability:** Stable under normal temperatures and pressures.
- **Thermal decomposition / conditions to be avoided:**
No decomposition if used and stored according to specifications.
- **Possibility of hazardous reactions:**
Flammable liquid and vapor.
Reacts with strong oxidizing agents.
Used empty containers may contain product gases which form explosive mixtures with air.
Can form explosive mixtures in air if heated above flash point and/or when sprayed or atomized.
- **Conditions to avoid:** Excessive heat.
- **Incompatible materials:** No relevant information available.

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Hazardous decomposition products:

Under fire conditions only:
Carbon monoxide and carbon dioxide

11 Toxicological information

Information on toxicological effects

Acute toxicity:

LD/LC50 values that are relevant for classification:

68917-75-9 Oil of Wintergreen

Oral	LD50	800-1200 mg/kg (rat)
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8015-73-4 Basil oil

Oral	LD50	1400 mg/kg (rat)
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8016-20-4 Grapefruit oil

Oral	LD50	> 5000 mg/kg (rat)
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Dermal	LD50	> 5000 mg/kg (rabbit)
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Primary irritant effect:

- On the skin:** Irritant to skin and mucous membranes.
- Sensitization:** Sensitization possible through skin contact.

IARC (International Agency for Research on Cancer):

None of the ingredients are listed.

NTP (National Toxicology Program):

None of the ingredients are listed.

OSHA-Ca (Occupational Safety & Health Administration):

None of the ingredients are listed.

Probable route(s) of exposure:

- Ingestion.
- Inhalation.
- Eye contact.
- Skin contact.

Acute effects (acute toxicity, irritation and corrosivity):

- May be fatal if swallowed and enters airways.
- Irritating to skin.
- May cause respiratory irritation.

Repeated dose toxicity: Repeated exposure may result in skin sensitivity.

CMR effects (carcinogenicity, mutagenicity and toxicity for reproduction)

- Germ cell mutagenicity:** Based on available data, the classification criteria are not met.
- Carcinogenicity:** Based on available data, the classification criteria are not met.
- Reproductive toxicity:** Based on available data, the classification criteria are not met.

STOT-single exposure:

- May cause damage to organs.
- May cause respiratory irritation.

STOT-repeated exposure: Based on available data, the classification criteria are not met.

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· **Aspiration hazard:** May be fatal if swallowed and enters airways.

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12 Ecological information

- **Toxicity**
- **Aquatic toxicity** Very toxic to aquatic life.
- **Persistence and degradability** No relevant information available.
- **Bioaccumulative potential:** No relevant information available.
- **Mobility in soil:** No relevant information available.
- **Additional ecological information**
- **General notes:**
Do not allow undiluted product or large quantities of it to reach ground water, water course or sewage system.
Due to available data on eliminability/decomposition and bioaccumulation potential prolonged term damage of the environment can not be excluded.
- **Results of PBT and vPvB assessment**
- **PBT:** Not applicable.
- **vPvB:** Not applicable.
- **Other adverse effects:** No relevant information available.

13 Disposal considerations

- **Waste treatment methods**
- **Recommendation:**
The user of this material has the responsibility to dispose of unused material, residues and containers in compliance with all relevant local, state and federal laws and regulations regarding treatment, storage and disposal for hazardous and nonhazardous wastes.
- **Uncleaned packagings**
- **Recommendation:** Disposal must be made according to official regulations.

14 Transport information

- | | |
|--|--|
| <ul style="list-style-type: none"> · UN-Number · DOT | <p>NA1993
Reclassified as combustible under US DOT regulations. Labeling is only required for single packages ≥ 119 US gal / 450 L to include Combustible symbol and Proper Shipping Name.</p> |
| <ul style="list-style-type: none"> · ADR, IMDG, IATA | <p>UN1169</p> |

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· **UN proper shipping name**



Limited Quantity for packages less than 30 kg (66 lb) and inner packagings less than 5 L (1.3 gal).

· **DOT**
· **ADR**

COMBUSTIBLE LIQUID, N.O.S (Essential oils)
1169 EXTRACTS, AROMATIC, LIQUID, ENVIRONMENTALLY HAZARDOUS
EXTRACTS, AROMATIC, LIQUID, MARINE POLLUTANT
· **IATA** Extracts, aromatic, liquid

· **Transport hazard class(es)**

· **DOT**



· **Class**
· **Label**

3 Combustible liquids
3

· **ADR**



· **Class**
· **Label**

3 (F1) Flammable liquids
3

· **IMDG**



· **Class**
· **Label**

3 Flammable liquids
3

· **IATA**



· **Class**
· **Label**

3 Flammable liquids
3

· **Packing group**

· **DOT, ADR, IMDG, IATA**

III

· **Environmental hazards**

Product contains environmentally hazardous substances: citrus terpenes

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· Marine pollutant:	Symbol (fish and tree)
· Special precautions for user	Warning: Flammable liquids
· Danger code (Kemler):	30
· EMS Number:	F-E,S-D
· Transport in bulk according to Annex II of MARPOL73/78 and the IBC Code	Not applicable.
· Transport/Additional information:	
· DOT	
· Remarks:	Transport labeling is not required for non-bulk single package shipments by motor vehicle, rail car or aircraft. Bulk packaging consists of a maximum capacity of greater than 450L (119 gallons) for a liquid and a maximum net mass greater than 400kg (882 pounds) for a solid.

15 Regulatory information

- **Safety, health and environmental regulations/legislation specific for the substance or mixture**
- **United States (USA)**
- **SARA**

· **Section 355 (extremely hazardous substances):**

None of the ingredients are listed.

· **Section 313 (Specific toxic chemical listings):**

None of the ingredients are listed.

· **TSCA (Toxic Substances Control Act)**

All ingredients are listed.

· **Proposition 65 (California)**

· **Chemicals known to cause cancer:**

None of the ingredients are listed.

· **Chemicals known to cause reproductive toxicity for females:**

None of the ingredients are listed.

· **Chemicals known to cause reproductive toxicity for males:**

None of the ingredients are listed.

· **Chemicals known to cause developmental toxicity:**

None of the ingredients are listed.

· **Carcinogenic categories**

· **EPA (Environmental Protection Agency):**

None of the ingredients are listed.

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· **IARC (International Agency for Research on Cancer):**

None of the ingredients are listed.

· **NIOSH-Ca (National Institute for Occupational Safety and Health):**

None of the ingredients are listed.

· **Canada**

· **Canadian substance listings**

· **Canadian Domestic Substances List (DSL):**

All ingredients are listed.

· **Canadian Ingredient Disclosure list (limit 0.1%):**

None of the ingredients are listed.

· **Canadian Ingredient Disclosure list (limit 1%):**

None of the ingredients are listed.

· **Chemical safety assessment:** A Chemical Safety Assessment has not been carried out.

16 Other information

This information is based on our present knowledge. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

· **Date of preparation / last revision** 03/04/2016 / -

· **Abbreviations and acronyms:**

ADR: European Agreement concerning the International Carriage of Dangerous Goods by Road

IMDG: International Maritime Code for Dangerous Goods

DOT: US Department of Transportation

IATA: International Air Transport Association

CAS: Chemical Abstracts Service (division of the American Chemical Society)

LC50: Lethal concentration, 50 percent

LD50: Lethal dose, 50 percent

PBT: Persistent, Bioaccumulative and Toxic

vPvB: very Persistent and very Bioaccumulative

NIOSH: National Institute for Occupational Safety

OSHA: Occupational Safety & Health

Flam. Liq. 3: Flammable liquids, Hazard Category 3

Flam. Liq. 4: Flammable liquids, Hazard Category 4

Acute Tox. 4: Acute toxicity, Hazard Category 4

Skin Irrit. 2: Skin corrosion/irritation, Hazard Category 2

Eye Irrit. 2A: Serious eye damage/eye irritation, Hazard Category 2A

Skin Sens. 1: Sensitisation - Skin, Hazard Category 1

Skin Sens. 1B: Sensitisation - Skin, Hazard Category 1B

STOT SE 2: Specific target organ toxicity - Single exposure, Hazard Category 2

STOT SE 3: Specific target organ toxicity - Single exposure, Hazard Category 3

Asp. Tox. 1: Aspiration hazard, Hazard Category 1

· **Sources**

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Website, European Chemicals Agency (echa.europa.eu)

Website, US EPA Substance Registry Services (ofmpub.epa.gov/sor-internet/registry/substreg/home/overview/home.do)

Website, Chemical Abstracts Registry, American Chemical Society (www.cas.org)

Patty's Industrial Hygiene, 6th ed., Rose, Vernon, ed. ISBN: ISBN: 978-0-470-07488-6

Casarett and Doull's Toxicology: The Basic Science of Poisons, 8th Ed., Klaasen, Curtis D., ed., ISBN: 978-0-07-176923-5.

Safety Data Sheets, Individual Manufacturers

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