### Essential Oils

**For information on Essential Oil Safety, go to nowfoods.com/eosafety.**

**ESSENTIAL OIL AROMA**

**MIXES WELL WITH**

**ATTRIBUTES**

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**Anise**

Licorice-like, spicy

Cedarwood, Lime, Orange, Vanilla

Uplifting, balancing, comforting

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**Atlas Cedar**

Sweat, woody

Chamomile, Cypress, Eucalyptus, Sandalwood

Grounding, centering, balancing

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**Balsam Fir**

Pleasant, woody

Frankincense, Myrrh, Pine, Sandalwood Oil Blend

Empowering, balancing, strengthening

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**Basil**

Warm, spicy

Bergamot, Citrus Oils, Hyssop

Uplifting, energizing, purifying

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**Bergamot**

Sweet, fruity

Lavender, Nutmeg, Citrus Oils

Lively, inspiring, uplifting

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**Black Pepper**

Dry, spicy, sharp

Geranium, Lavender, Frankincense, Citrus and Spice Oils

Warning, stimulating, focusing, cleansing

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**Camphor**

Penetrating, medicinal

Cinnamon, Frankincense, Rosemary

Purifying, energizing, invigorating

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**Carrot Seed**

Earthy, woody, sweet

Cedarwood, Lavender, Geranium

Softening, rejuvenating, grounding

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**Cedarwood**

Warm, woody, balsamic

Cypress, Juniper, Rose, Sandalwood

Stress relief, strengthening, empowering

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**Clary Sage**

Herbaceous, lavender-like

Frankincense, Patchouli, Lime, Pine

Focusing, stimulating, balancing

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**Clove**

Warm, pungent

Geranium, Lavender, Rosemary

Warning, soothing, comforting

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**Cypress**

Sweet balsamic, warm overtones of pine/juniper berry

Cedarwood, Citrus Oils, Clary Sage, Ylang Ylang

Balancing, clarifying, centering

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**Eucalyptus**

Strong aromatic, camphoraceous

Cedarwood, Cypress, Rosemary, Thyme

Revitalizing, invigorating, clarifying

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**Eucalyptus Radiata**

Fresh, camphoraceous, slightly sweet and minty

Cinnamon, Rosemary, Tea Tree, Lavender, Clove

Repelling, clarifying, cleansing

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**Frankincense**

Mid camphor and citrus

Balsam Fir Needle, Myrrh, Orange, Sandalwood

Relaxing, focusing, centering

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**Geranium**

Subtly sweet, floral

Clary Sage, Peppermint, Rose

Purifying, soothing, normalizing

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**Ginger**

Spicy, warm

Clove, Citrus Oils, Eucalyptus, Patchouli

Balancing, clarifying, stabilizing

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**Hyssop**

Camphor-like

Clary Sage, Geranium, Romance, Sage

Clarifying, refreshing, purifying

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**Juniper Berry**

Floral

Cypress, Eucalyptus, Rosemary, Sage

Restoring, empowering, balancing

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**Lavender**

Cedarwood, Clary Sage, Ylang Ylang

Relaxing, focusing, centering

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**Lemon**

Fresh lemon peel

Chamomile, Frankincense, Eucalyptus, Lavender

Normalizing, comforting, warming

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**Lemon Eucalyptus**

Citronella-like with subtle floral undertones

Geranium, Lavender, Cedarwood, Rosemary, Mint and Tree Oils

Refresh, cleansing, stimulating

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**Lemongrass**

Strong, lemon-like

Cedarwood, Citrus Oils, Geranium, Marjoram, Thyme

Purifying, stimulating, cleansing

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**Lime**

Fresh citrus lime

Cedarwood, Eucalyptus, Patchouli, Clove

Uplifting, refreshing, elating

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**Marjoram**

Camphoraceous, slightly medicinal

Basil, Clary Sage, Rosemary, Thyme

Normalizing, comforting, warming

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**Myrrh**

Musk, warm

Frankincense, Patchouli, Sandalwood, Vanilla

Focusing, centering, meditative

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**Nutmeg**

Spicy, nutty, soft, sweet aroma

Cinnamon, Clove, Orange, Vanilla

Energizing, stimulating, warming

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**Orange**

Fresh, sweet orange peel

Cedarwood, Clove, Citrus Oils, Nutmeg

Stimulating, uplifting, invigorating

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**Oregano**

Spicy, camphoraceous

Chamomile, Eucalyptus, Tea Tree, Spearmint

Purifying, comforting, invigorating

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**Patchouli**

Musk, earthy

Cedarwood, Geranium, Lavender, Lemongrass

Romantic, soothing, stimulating

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**Pennyroyal**

Fresh, minty-like

Lemon, Eucalyptus, Lavender, Tea Tree

Repelling, stimulating

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**Peppermint**

Fresh, strong mint

Eucalyptus, Juniper, Pine, Rosemary

Purifying, cleansing, cooling

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**Pine**

Balsamic, pine scent

Balsam Fir Needle, Cedarwood, Juniper Berry, Rosemary

Purifying, cleansing, refreshing

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**Rose Absolute**

Warm, camphoraceous

Bergamot, Lemongrass, Peppermint, Thyme

Purifying, uplifting

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**Sage**

Warm, camphoraceous

Cedarwood, Citrus Oils, Hyssop, Lavender, Rosemary

Normalizing, balancing, soothing

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**Spearmint**

Refreshing, minty

Bergamot, Lavender, Lime, Rosemary

Cooling, invigorating, stimulating

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**Spike Lavender**

Herbaceous, floral, fresh

Floralis, Pine, Tea Tree, Balsam Fir Needle

Clarifying, balancing, comforting

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**Tangerine**

Pleasant, orange-like

Cinnamon, Citrus Oils, Nutmeg, Vanilla

Cheerful, inspiring, invigorating

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**Tea Tree**

Potent, warm, spicy

Basil, Cypress, Eucalyptus, Lemon, Lavender, Thyme

Cleansing, purifying, renewing

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**Thyme, White**

Pleasant, pungent

Basil, Lavender, Lemon, Marjoram

Uplifting, empowering, clarifying

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**Wintergreen**

Warm, sweet

Eucalyptus, Lemon, Peppermint, Tangerine

Stimulating, refreshing, uplifting

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**Ylang Ylang Extra**

Pleasant, floral

Cedarwood, Citrus Oils, Clove, Jasmine, Patchouli, Rose

Comforting, romantic, comforting

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**ESSENTIAL OIL BLENDS**

**Bottled Bouquet**

Sweet, warm and floral with fresh citrus notes

Pre-blended and ready for use

Comforting, relaxing, calming

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**Bug Ban™ Blend**

Pleasant citrus, citronella-like

Pre-blended and ready for use

Insect repellent

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**Cheer Up Buttercup!**

Citrus with light herbal

Pre-blended and ready for use

Uplifting, refreshing, energizing

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**Clear the Air**

Fresh mint

Pre-blended and ready for use

Purifying, cleansing, refreshing

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**Frankincense 20%**

Mid camphor and citrus

Balsam Fir Needle, Myrrh, Orange, Sandalwood

Relaxing, focusing, centering

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**Good Morning Sunshine!**

Citrus with slightly spicy undertone

Pre-blended and ready for use

Energizing, focusing, soothing

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**Helichrysum**

Sweet, herbaceous, earthy

Lavender, Bergamot, Rose, Cypress

Soothing, rejuvenating, stimulating

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**Lavender & Tea Tree**

Soft, floral

Eucalyptus, Rose Absolute

Rejuvenating, cleansing, stimulating

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**Lemon & Eucalyptus**

Citronella-like

Thyme, Lavender, Rosemary, Lemon

Clarifying, cleansing, invigorating

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**Oregano**

Minty, spicy, warm aroma

Frankincense, Patchouli, Sandalwood Oil Blend

Balancing, focusing, meditative

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**Nature’s Shield**

Sweet, invigorating, camphoraceous

Pre-blended and ready for use

Uplifting, energizing, freshening and cleansing

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**Oil of Oregon 25%**

Spicy, camphoraceous

Chamomile, Eucalyptus, Tea Tree, Spearmint

Purifying, comforting, invigorating

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**Peace & Harmony**

Minty floral herb

Pre-blended and ready for use

Centering, calming, balancing

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**Perennial**

Sweet, floral

Pre-blended and ready for use

Comforting, soothing, uplifting

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**Rose Absolute 5%**

Pleasant rose

Bergamot, Jasmine, Lavender, Lemon, Sandalwood

Romantic, uplifting, comforting

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**Sandalwood 14%**

Subtle, floral, undertones of wood and fruit

Citrus Oils, Frankincense, Jasmine, Vanilla, Lavender

Grounding, balancing, soothing

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**Smiles for Miles**

Citrus with light herbal

Pre-blended and ready for use

Uplifting, refreshing, energizing

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**Vanilla**

Sweet, warm

Citrus Oils, Jasmine, Rose, Sandalwood, Ylang Ylang

Comforting, relaxing, nurturing