



Clinical GI Probiotic™

Category: Healthy Intestinal Flora

- 10 Billion Organisms Per Veg Capsule
- 9 Probiotic Strains
- HN019™ is the Predominant Probiotic Strain/5 Billion Per Veg Cap
- HN019™ is Clinically Evaluated Support For GI Regularity And Reduced Bloating*
- Supports Optimal Nutrient Absorption And Production*
- Made without Dairy, Wheat, Gluten
- Stable at Room Temperature
- Acid Resistant Veg Caps

Item 2919 – 60 Veg Caps

Positioning Purpose: Bacteria cells outnumber the human cells in our body at a ratio of about 10-1. And most of them live in our Gastro-Intestinal (GI) tract. A critical part of maintaining the health of the GI tract depends on the presence of these probiotic gut flora. These bacteria help to protect the lining of the gut, while playing an important role in the production and absorption of nutrients.*

We're able to obtain probiotic bacteria from some of the foods we eat. Just about every traditional culture around the world has a form of fermented food made with the help of probiotic bacteria. Kim chi, kefir, kombucha, sambal, yogurt, and sauerkraut are good examples. Research indicates that supplementation can also help increase the numbers of probiotic bacteria in our intestine and subsequently support digestive health.* As we get older, this is particularly important since our probiotic levels tend to diminish with age. Critical to effective probiotic supplementation is using strains proven to colonize the human gut and support certain health benefits.*

Product Description: Each capsule of NOW Foods' Clinical GI Probiotic™ includes nine probiotic strains known to colonize the human gut including 5 billion CFU (colony-forming units) of *Bifidobacterium lactis* HN019. This strain has been clinically evaluated for its ability to support GI regularity, reduce bloating, and increase overall probiotic numbers in the intestines of people over 60 years old.* Each capsule is made with acid-resistant cellulose to maximize probiotic viability past the stomach.

Ingredients: Blend of Probiotic Bacteria 20 billion organisms (*Bifidobacterium lactis* HN019 (predominant strain/5 billion), *Lactobacillus acidophilus*, *Bifidobacterium lactis*, *Lactobacillus rhamnosus*, *Lactobacillus salivarius*, *Lactobacillus casei*, *Streptococcus thermophiles*, *Bifidobacterium longum*, *Bifidobacterium bifidum/Bifidobacterium lactis*), Cellulose Powder, Acid-Resistant Cellulose Capsule, and Silica.

Ideal Users: Adults seeking clinically proven support for digestive comfort, regularity and intestinal health.*

Recommended Use: As a dietary supplement, take 1 to 2 capsules 1 to 2 times daily.

Also Consider Taking: N/A

Supporting Science: Waller PA; et al. "Dose-response effect of *Bifidobacterium lactis* HN019 on whole gut transit time and functional gastrointestinal symptoms in adults." *Scandinavian Journal of Gastroenterology*. Volume 46, Number 9. 2011.

Ahmed M; et al. "Impact of consumption of different levels of *Bifidobacterium lactis* HN019 on the intestinal microflora of elderly human subjects." *The Journal of Nutrition, Health and Aging*. Volume 11, Number 1. 2007.

Additional Information: Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, or tree nut ingredients. Keep refrigerated to maintain potency.



Nutrition for Optimal Wellness™

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.