



Pterostilbene & Resveratrol

Category: Cardiovascular Support*

- 50 mg Pterostilbene & 250 mg Resveratrol
- Combines Two Free Radical-Scavenging Powerhouses*
- Supports Cardiovascular Health*
- Helps Maintain Proper Cell Cycle Regulation*
- Promotes a Healthy Response to Cellular Stress*
- Dynamic Anti-Aging Duo*

Item 3357 – 60 Veg Caps

Positioning Purpose: What do plants do when they get stressed? They produce polyphenols like Pterostilbene and Resveratrol. Resveratrol, found in red grape skins, is well known. When researchers tried to solve the French Paradox – the French’s enviable ability to eat rich foods and still enjoy healthy hearts – they zeroed in on the Resveratrol in red wine. Less well known, but growing in fame, is Resveratrol’s cousin Pterostilbene. Also found in grapes and other resveratrol sources like blueberries, Pterostilbene helps plants rally from stress as well. However, unlike Resveratrol, Pterostilbene is more readily absorbed and utilized by the body. In animal studies, Pterostilbene was 80% bioavailable compared to Resveratrol, which was only 20% bioavailable. Emerging research indicates Pterostilbene may support cardiovascular health.* Also, at the cellular level, Pterostilbene seems to help with proper cell cycle regulation and promoting a healthy response to cellular stress.*

Together, Pterostilbene and Resveratrol offer excellent free radical scavenging, anti-aging power as well as cardiovascular support.*

Product Description: NOW Foods’ new Pterostilbene & Resveratrol capsules contain 50 mg pTeroPure® *trans*-Pterostilbene, which has been clinically evaluated for its superior bioavailability, and 250 mg *trans*-Resveratrol extracted from *Polygonum cuspidatum*.

Ingredients: *trans*-Pterostilbene (pTeroPure®) 50 mg, *Polygonum cuspidatum* Extract root/rhizome (standardized to produce 50% *trans*-Resveratrol) 500 mg, Cellulose (capsule), Cellulose Powder, Stearic Acid, and Silica.

Ideal Users: Adults seeking potent free-radical-scavenging, anti-aging nutrition, and clinically-proven cardiovascular support.*

Recommended Use: As a dietary supplement, take 1 capsule 1 to 2 times daily or as directed by your health care practitioner.

Also Consider Taking: N/A

Supporting Science: Riche DM, Deschamp D, Griswold ME, et al. “Impact of Pterostilbene on Blood Pressure and Other Metabolic Parameters in Adults.” Poster Presentation at American Heart Association 2012 Scientific Sessions on High Blood Pressure Research, Washington, D.C., Sept 19-22, 2012.

Additional Information: Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. For adults only. Consult a physician if pregnant/nursing, taking medication (especially anticonvulsants), or have a medical condition. This product may cause digestive upset in some sensitive individuals. If you experience any gastrointestinal discomfort after using this product, discontinue use. Keep out of reach of children.



Nutrition for Optimal Wellness™

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.