WHAT CAN I DO TODAY, THIS WEEK, THIS MONTH, THIS YEAR TO REDUCE MY IMPACT ON GLOBAL WARMING & THE EARTH?

1. Buy **CFL** & **LED** bulbs – please **recycle CFLs** after they burn out at your local Home Depot, Ace Hardware or the Regional Household Hazardous Waste Facility in Naperville.
2. **Unplug** unused appliances – clocks, extension cords, televisions, cell phone chargers, coffee pots, microwaves.
3. Plan errands to **reduce** air pollution from multiple trips
4. Use only **cold water** to wash clothes
5. Talk to your family – ask them to **turn off** the tv, radio, lights and computers when not in the room, or in use. Also, simply turn off the computer monitor to save energy
6. Change your dry cleaner to a company using no PERC
7. **Recycle** all that you can – every recycled product uses less energy to make a new product
8. Buy a reusable water bottle… i.e. metal containers or reuse glass bottles
9. Start **composting**; try not to use your garbage disposal
10. Take off slowly from stop lights and signs – you will reduce the amount of gasoline used in fast take offs. Keep tires properly inflated.
11. Buy Energy Star appliances
12. **Car pool**
13. Open blinds and curtains on sunny days and remove screens in the winter
14. Close blinds and curtains in the evening
15. Dust off light bulbs
16. **Bring your own bags** to stores
17. Buy gifts that are energy savers, planet pleasers and have less packaging
18. Make used **battery collection** jugs out of an old milk jug. Then sort and bring to the Naperville HHW facility
19. Take shorter showers
20. Watch these movies: "An Inconvenient Truth," "Keeping The Earth," or the "11th Hour"
21. Improve air quality in your home – use green cleaners and **VOC free paint**
22. Buy a blanket for your hot water heater
23. Insulate, insulate, **insulate**
24. Run dishwasher and washing machine only when full
25. Use **phosphate-free** dishwasher soaps and fertilizers
26. When going away, even for just a few days, **unplug** everything you can
27. Recycle old refrigerators – they are energy hogs
28. Put covers on pots and clean the reflectors under the burners
29. Clean the filter on the dryer after every use
30. **Share green information** with others -- "Drop a pebble in the pond and see the RIPPLES go on and on…" Sign up for FREE SCARCE e-newsletters -- **Ripples** and the **Green Bulletin** at www.s-c-a-r-c-e.org or come for an educational program at SCARCE.

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